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| **Instrument:** |

CMS Band

MONTHLY Practice log

Remember to always have a tuner and a metronome when you practice. Start with long tones and a scale to warm up and use the “Honor Band Tuning Exercise” handout before starting on your goals. You can purchase a tuner/metronome (comes as one) at Nick Rail Music (25868 McBean Pkwy) or download them separately on your phone (“Pro Metronome” and Tuner Lite” are good apps).

**WHAT ARE MY GOALS and How Will I Achieve them?**

(Goal examples: specific songs, measures within those songs, specific rhythms, specific articulations, specific dynamics, overall tone quality, intonation, fingerings, note accuracy, honor band audition exercises: chromatic scale, tonguing drill…)

Write your goals in the text box below.

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REFLECTION: **Refer to Wynton’s 12 Steps!**

What goals did I achieve? Was my practice time productive? What are some areas I am strong in and areas I can improve in? How can I can I use my practice time more wisely? This is YOUR reflection! Make it count!

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Parent Signature

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